



Emergency Preparedness Workshop

January 25, 2014

Workshop Materials

Make a Plan!

- Are you prepared? Can you take care of yourself and your household for several days during a disaster?
- Form: Your Household Emergency Preparedness Plan

Build or Buy a 72 hour Kit

- Build or buy a 72 hour kit
- Seven Weeks to a 72 hour kit
- Create a Grab and Go kit for your important documents
- Checklist of items to include in your Grab and Go kit
- Plan for your PETS in a disaster or emergency!

Be Informed

- Resource List

Many thanks to our generous sponsors!

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Let's get ready, Palm Springs! Step by step, house by house, neighborhood by neighborhood!

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Emergency Preparedness Workshop, January 25, 2014

Are You Prepared?

Can you take care of yourself and your household for a few days during a disaster?

Let's get ready, Palm Springs!

How many times over the last six months or six years have you thought about getting your emergency plan put together or updated? The thought of it can be overwhelming to many. Where do I start? Putting the plan together needs your best thinking but doesn't have to take a lot of time. It is a process...By breaking down the overall plan into smaller tasks/steps, committing to spending 10-20 minutes to complete tasks, doing one or two tasks at a time, you will get it done! Don't worry if you can't complete a task in one sitting. You will be amazed at what you CAN accomplish!

The Palm Springs Neighborhood Involvement Committee in partnership with the Palm Springs Fire Department Emergency Services created a step by step series to assist your household and business in preparation for an emergency. The complete series is on the Neighborhood and Fire Department websites.

Can you take care of yourself and your household during and immediately after a disaster? Is your business prepared for an emergency and do you have a plan on how to quickly resume operations? On average it will take three days to get resources (people and supplies) coming from the State and/or FEMA. Are you prepared?

The longer a member of the community can take care of themselves after a disaster the more time the first responders and city personnel can deal with the immediate threats to life and health and assess critical infrastructure (roads, utilities, etc.).

Residents can best help themselves and their community by having an emergency and communication plan and preparing a 72-hour kit. Businesses can be ready for emergencies by developing a Continuity of Operations Plan.

Frequently, when we talk about emergency or disaster preparedness, we are thinking about "THE BIG ONE"! That major earthquake that experts remind us is overdue. Being prepared for an earthquake is important but we need to think about more than earthquakes. We also need to think about and plan for power outages, fire, hazardous material incidents, storms and disasters caused by humans.

Our most recent example was a natural disaster in January 2012 — the wind storm. Police and Fire personnel were handling emergencies for days while 25,000 households in the Coachella Valley were without power. Are you prepared?

The Eastern portion of the Coachella Valley was directly impacted by the massive power outage in September 2011 that left millions of people in California, Arizona and Mexico without power. Even though Palm Springs was not directly impacted, we all probably know someone who was! A huge geographical area and many people were without power for several days. Using an ATM, a credit card or getting gas for a car was not possible! Are you prepared?

Every summer families from communities all around the Coachella Valley are evacuated from their homes due to wild fires! On a personal scale, a home fire is disastrous! Are you prepared?

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What can you do to prepare yourself, your family and your home for an emergency? Our local Public Safety, FEMA and the Red Cross advise us to do the following

1. **Make a Plan**
2. **Create or buy a 72 hour kit**
3. **Be informed**

As simple as this sounds, and as good as our intentions are for doing exactly this, many of us are still not prepared. The City of Palm Springs Office of Neighborhood Involvement Committee and the Palm Springs Emergency Services Coordinator has helped households get prepared by offering resources, plans and forms. You can take manageable steps every month toward being prepared at home and at work. Involve your children in the preparation activities.

First step — begin with a plan! Attached is a plan that asks you the questions and gives you space to provide the answers. You can also complete the form online. FEMA and the American Red Cross also have forms you can use. The most important thing for you to do is to BEGIN! If you are a business owner, also consider getting your business prepared for an emergency. Check out that link below. Now is also the perfect time, if you haven't already, to sign up for CodeRED and Nixle. Take a few minutes and get prepared!

Resources:

City of Palm Springs Fire Department	http://www.palmsprings-ca.gov/index.aspx?page=51
City of Palm Springs Office of Neighborhood Involvement	http://www.palmsprings-ca.gov/index.aspx?page=79
FEMA	http://www.ready.gov/make-a-plan
American Red Cross	http://www.redcross.org/
Prepare your business	http://www.ready.gov/business and http://www.fema.gov/private-sector-preparedness-ps-prep
Nixle and CodeRED	http://local.nixle.com/city/ca/palm-springs/ Palm Springs Police Department for up to date emergency alerts/ information sent to your cell phone, email and telephone. https://cne.coderedweb.com/Default.aspx?groupid=9gtsoRvGTbFzYupJRpO9VA%3d%3d for up to date emergency information in Palm Springs



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Your Household Emergency Preparedness Plan



Household Address	Date Plan Created

Family Member Contact Information			
Name (First and Last)	Home Phone	Cell Phone	Email Address

List the emergencies most likely to affect our household
Examples might be power outage for an extended period of time, fire, incapacitating fall when home alone
1.
2.
3.
4.

List two escape routes from your home, from each bedroom in your home.
1.
2.
Bedroom 1
Bedroom 2
Bedroom 3
Bedroom 4

Home evacuation meeting point:
Meeting location in the neighborhood
Meeting location outside of the neighborhood

Out of Area Contact: In the event your household is separated or unable to communicate with each other. Let this contact person know where you are located and that you are ok. They will pass that information on to the rest of the family as calls come in.
Name:
Phone number:
Email address:

Family Member Contact Information for School/Work				
Name (First and Last)	Work/ School Name	Work/School Address	Work Phone	Work/School Email Address

Family Member Medical Information				
Name (First and Last)	Doctor's Name	Doctor / Dentist Phone	Allergies / Medical Conditions	Insurance Name and Policy Number

Pet (s) Information			
Name	Type	Color	Registration

Other notes of things to remember in an emergency:

Build or Buy a 72 hour kit

Hurricane Sandy and the aftermath of this powerful storm provides a number of lessons to think about and prepare for NOW. Lessons that might make a situation like this a little easier for our own households to deal with when it happens here. Consider the following:

1) No electricity for 7 days or longer.

- A refrigerator will only keep food safely cold for about four hours if unopened during a power outage, according to the USDA. A full freezer will hold the temperature for about 48 hours if full (24 hours of half full), the USDA says.
- Restaurants may have generators (as long as they have the gas to turn them on) to keep power to their equipment and doors open. Reports from NY and NJ are that restaurants were hauling food to the streets for disposal after 4 days. Still requires every household to have food supplies.

2) No gas in the car.

- No electricity, pumps at gas stations will not operate.
- Gas suppliers can't get to stations for a variety of reasons so stations are running out of gas even when they had the power to operate the pumps.
- Gas lines at the few stations with gas were over a mile long
- People with gas cans are waiting in line for hours to fill their cans

3) **No credit cards.** Power out, no credit card machines. Plan to have some back up cash to purchase goods.

4) **No mass transit.** Combine the fact that there is very limited gas available and little or no mass transit operating for several days, people are looking for ways to get to work. The news was reporting stories about people walking 15 miles one way to work, riding bikes to work.

5) No running water...what to do for:

- Drinking water
- Cooking water
- Personal hygiene
- Flushing toilets

FEMA and the American Red Cross advise the best way to protect yourself and your family in an emergency or disaster is to be prepared and informed! Store 72 hours of food and necessities for each member of your household. Based on Hurricane Sandy and other recent disasters, would be good to have additional supplies for those situations where it takes much longer for things to get back to some kind of normal! To get started, follow this simple list, use the references provided and build or buy 72 hour kits.

1. **The 72 hour kit is your lifeline until help arrives.** Because you do not know where you will be when an emergency or disaster occurs, you will want to have a kit at home, in the car and at work or school. Each member of your family needs a kit.

a) **Build your own kit.** Follow the guidelines on FEMA and American Red Cross websites.

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- <http://www.ready.gov/build-a-kit>
- <http://www.redcross.org/prepare/location/home-family/get-kit>

b) Buy a preassembled kit. Check the contents of a preassembled kit against the list developed by FEMA and the American Red Cross! If your purchased kit does not have it, buy and add it!

Sources for purchase:

- Red Cross Store — <http://www.redcrossstore.org>
Local Hardware stores
- Various internet sites

2. What kind of container do I put my supplies in and where do I store my kit?

There are several options for how to store your 72 hours kit. If this is your car kit or work/school kit, you may want to consider a container that is easily carried—like a back pack or duffle bag. At home, depending on your household, you may have many more supplies in your kit. You could use a garbage can or plastic bins to store your kit. If you are asked to evacuate, will your kit fit in your car? Consider containers for your kit that you can lift by yourself and WILL fit in your car! If you are asked to evacuate, will you have gas in your car? Make it a practice to keep your gas tank filled!

At home, store your kit where it is easy to get. This could be in the hall closet, under a bed or in the garage. Sometimes, a kit can be stored in an outbuilding on your property. Make sure everyone in the household knows where the kit is stored.

3. What about my personal documents? Create a grab and go kit.

Keep your personal documents in a waterproof pouch or on a thumb (USB) drive and store it in your 72 hour kit.

4. Personalize your 72 hour kit for each family member. Also consider special needs.

Whether you buy or build your own 72 hour kit, be sure to personalize it for every family member. Include special items for each member of your family: prescriptions, eye glasses or contact lenses, any special needs individuals have in your household. When you need to use this kit, it will be VERY nice to have a book, a deck of cards or something for you to do as you pass the time.

5. Inspect your 72 hour kit at least 2 times a year.

Periodically check your 72 hour kit to make sure expired items are rotated out. Make it a practice to complete this inspection at the same time you change your clocks in Fall and Spring. Check clothing in the kit. Is it seasonally appropriate? Check expiration dates on batteries, food and water or any other date sensitive item you may have in your kit.

6. Plan for pets.

If you have pets at home, include items in your 72 hour kit for your pet. Food, water, food and water dishes to start. Make sure your pet has a crate for sleeping or to contain your pet if needed. Refer to the **Plan for your Pets** module.

Emergency services professionals tell us it may take 3 days for them to get to us in an emergency. Remembering Haiti and New Orleans — we know it could take much longer! Preparing for a self reliant household is important!

Seven Weeks to a 72-hour Kit



Your Weekly List at a Glance

- A **battery-powered radio** with extra batteries to receive emergency information.
- Flashlights** or battery-powered lanterns with extra batteries-don't use candles as they pose a serious fire risk.
- Water** to last three days-at least one gallon per person per day for drinking and sanitation. **Start** with one gallon this week.

Tips for Week One

- Start with these items that our local emergency responders consider most critical to getting you through the first 72 hours until basic services may be restored.
- Don't be overwhelmed by a huge list of items. We've identified the most important ones. Just buy a few items each week for seven weeks, and you'll be prepared for the most likely emergencies.
- Commercially bottled water is recommended to ensure safety. Replace before "use by" date expires.



Your Weekly List at a Glance

- Manual can opener**
- First Aid Kit** - should include gauze and bandages, tweezers, scissors and antiseptic ointment
- Airtight bags, storage containers,** and a permanent marker
- Extra prescription medications,** and glasses, or contact lens solution
- Bring home another gallon of **water**
- Non-perishable food** - start with a few cans of meat, fruits, peanut butter and crackers.
- Plastic sheeting, tarp, and duct tape**

Tips for Week Two

- Even if you have supplies throughout your house, it's important to keep an emergency supply kit in a designated place in case you have to leave your home quickly.
- Consider having at least two emergency supply kits - one at home and one in your vehicle.
- Rotate your stock of food, water, medicines and batteries every six months to ensure freshness.

Seven Weeks to a 72-hour Kit



Your Weekly List at a Glance

- Dust filter masks**
- Whistle** to signal for help
- Finish buying **water** - at least one gallon per person per day
- Cash and important family documents** like copies of credit cards, insurance policies and deeds. Consider a water/fire proof container in your "go bag"
- Regular household bleach**, unscented, and an eye dropper - 16 drops to disinfect one gallon of water
- Juice** - single-serve size is best since you may not have refrigeration
- Nutrition/high energy bars**

Tips for Week Three

- Plan and discuss how you will escape your home in case of fire or a sudden emergency.
- Tap water may need to be purified with bleach following a disaster.
- Plan to have at least one can of meat or main entree´ for each family member per day.
- Select two places to meet with your family after an emergency or disaster-one near your home and the other outside of your neighborhood in case it's not safe to return.



Your Weekly List at a Glance

- Disposable camera** with flash to document damage
- Utility knife and/or scissors**
- Trash bags** - heavy duty
- Matches** in waterproof container
- Sanitizing wipes**
- Extra set of **car and house keys**
- Fruit** - canned or snack-pack

Seven Weeks to a 72-hour Kit

Tips for Week Four

- Pack a "go bag" with a condensed version of your home emergency kit in case you need to relocate temporarily. If evacuating a note with detailed information.
- Dried fruit can be a good substitute for canned fruit.
- Stay in the habit of keeping your gas tank half full and keeping your cell phone charged.
- If you evacuate, remember your home or car phone charger.



Your Weekly List at a Glance

- Gloves** - latex/non-latex
- Plastic or paper plates**, cups and utensils
- Canned vegetables, soup/stew**
- Toilet paper and paper towels**
- Travel sizes of personal hygiene items** - dental care, soap, feminine care, deodorant, etc.
- Disinfectant** - non-aerosol
- Supplies for baby, elderly, or disability needs**

Tips for Week Five

- Select an emergency contact person outside of the area for family members to call in case they are separated.
- Keep a copy of this seven-weeks list in your car to have handy when shopping. Check off items as you go.
- Make sure that all adults and teens in the family know how to turn off water and electric utilities. **Always** have a professional turn them back on.
- **Never** use a portable home generator in an enclosed area. Follow manufacturer's instructions.



Your Weekly List at a Glance

- Blankets** and small pillows
- Towels**
- Extra clothing**, outerwear and comfortable footwear
- Small photo album** with current photos of family members and pets

Seven Weeks to a 72-hour Kit

- Assorted crackers and nuts** (low-salt or salt-free are best to reduce thirst)

Tips for Week Six

- Do you have home fire extinguishers (rated ABC)? Ask your local volunteer fire company to show you how to check them and when to replace them.
- Use a permanent marker to label storage containers. Circle or mark expiration dates and plan to rotate supplies every six months - perhaps in the spring and fall when you change the clocks.



Your Weekly List at a Glance

- Small tool kit** including wrench or pliers to shut off utilities, plus a hammer and nails
- Signal flares**
- Insect repellent**
- Sunscreen**
- Granola** or dry cereal
- Food and extra water** for pets
- Fire extinguisher**

Tips for Week Seven

- Gather your important documents and make copies of them to include in your kit.
- Include pets in your plan. The [Humane Society](http://www.humanesociety.org) has pet preparedness tips for your pets.
- Take your "go bag" along on vacation.

Congratulations!

You now have a basic 72-hour home emergency preparedness kit. Practice your family plan and look for more information on our web site, <http://www.palmspringsca.gov/index.aspx?page=1081>.

Create a grab and go kit for your important documents!

Your family has now completed an emergency plan. Everyone in the household has contact information and now knows where to meet in case of an emergency at home and away from home. You know who to call outside of the area to let family members know where you are and that you are ok. Each family member has a copy of the plan they can carry with them. Today is a good time to start! You can access the info on this site at www.palmspringsneighborhoods.com. Look on the blue band for Step by Step Emergency Preparedness.

Important preparations for any disaster, is to put our important papers together into a "**grab and go kit**." Organizing papers 'before' can make 'after' easier. Think about all the time you will spend waiting in line at multiple government agencies (DMV, Social Security, Birth Records, etc.) to replace all those important documents. Pretty convincing! Having these papers in your hand will make your life so much easier when you need to access information under less than ideal conditions.

Below are suggestions from the **Federal Emergency Management Agency (FEMA), the American Red Cross and financial and insurance experts**. Use these as guidelines that you can build on for your household. Important to remember that these kinds of documents will need to be assembled for every member of your household! Attached is a form to assist you in documenting information. Keep your documents safe! Store original documents in a safety deposit box or other secure, fire and water proof container. Chances are good they will be there after a disaster. If not, or if it takes a while to get into the safe deposit box, you will have a complete set of copies of these same documents in a waterproof, fireproof kit that is easy to grab when getting out of the house in a rush. Another way of storing the information is scanning and saving these important documents on a USB flash drive, compact disc (CD) or Digital Video Disc (DVD) which is easy to store and is portable. Finally, consider saving them to a virtual file like Dropbox or iCloud.

- FEMA advises keeping insurance policies, property records and deeds, stocks, bonds, birth certificates, social security cards and other critical documents in a safe deposit box. Add to that a copy of your will.
- Paper copies of these documents, past tax returns and photos/videos of valuables can all be stored in the same fireproof, waterproof container for quick access in case of emergency.
- Standard Proof of Identification: Keep a photocopy of your photo IDs, driver's license, social security cards, birth certificates and passports with your crucial documents.
- Bank, brokerage and credit card information: Make a list of all of your bank, brokerage and credit card accounts with your account number and a phone number for each. Make sure you have the main bank phone number as well as your local branch. (you could also put all of your credit cards on a copy machine and copy front and back sides for this information.) Whether or not your bank is "working" during the recovery phase of a disaster, you may need to access your account or information from your account from a different state. This information will be critical should you need access to your money in the aftermath of a disaster.
- Copy ALL of your property and medical insurance policies and insurance cards (medical, dental, pharmacy, auto, AAA, etc): along with the 24-hour phone number for your insurance companies.

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- **Do a virtual photo tour of your house and garage.** In addition to photographs of the interior and exterior of your home, photograph your furniture and keepsakes. Save these photos on your thumb drive and a compact disc and put one in your safe deposit box and the other in the kit!
- **Children's School Records.** Contact your child's school and ask for a copy of the latest school records. *Update these records at the end of every school year.* These will be very helpful if your child's school and records are destroyed in a disaster at the school. If your family relocates after a disaster, the records will be needed to enroll children in a new school. Send a copy of the family's emergency plan to school attached to your child's emergency contact form so that your child's school knows how to find and/or contact your family after an emergency.
- **Immunization records and other important medical records for the whole family-- including your pets.** Like school records, you may be asked to provide immunization records or other documents related to your health in order to get into a new school. *Ask for a copy of your latest records at your annual doctor's visit.*
- **Marriage, registered domestic partner certificates and custody decrees.** These documents can be critical in case of an emergency. In the event you, your spouse or child are injured, these types of documents will be vital in case one of you need to make medical or other important decisions about a family member's care. They can also be necessary if you and your children somehow get separated and you need to prove that you have legal custody.
- Copy **personal photos** from your computer onto a compact disc or thumb drive. Keep compact disk or thumb drive in your safe deposit box or other secure location.
- **Protect Yourself from ID Theft.** If you find yourself evacuating your home for a natural disaster, identity theft might not be the first thing on your mind, but it is an issue. Keeping your key financial documents together in one place and taking them with you is an easy way to protect yourself. If you leave your home in a disaster, grab the important financial documents so that they are not at risk of being lost or stolen during a disaster.
- **Your family's emergency plan.** Tuck your family's emergency plan into your important papers AND make a copy for all family members. Send a copy of the family's communication plan to school attached to your child's emergency contact form so that your child's school knows how to find your family.
- If the power goes out ATM machines, credit cards, and gas pumps will not be operational. That was the case after the January 2012 wind storm!
 - Keep a supply of small bills and coins in your grab and go kit.
 - Make it a practice to refill your vehicle's gas tank at the half way mark.

Plan ahead. Having important personal, tax, and financial information easily accessible after a disaster will help make a rough time a little bit smoother.



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Checklist of Items to Include in Your Grab and Go Kit

*For each household member as applicable: Make copies of documents, scan documents onto a CD or a flash drive. Store originals in safety deposit box or a fire/water proof container. Keep copies, CD, flash drive in a fire/water proof, container in a location that is easy to grab and go out the door as you evacuate.

Updated on: _____

✓	DOCUMENT *	AGENT NAME	CONTACT INFORMATION	ACCOUNT/POLICY NUMBER
	Homeowners/ Rental Insurance Policy for each property owned			
	Umbrella Insurance Policy			
	Auto Insurance Policy for each vehicle owned			
	Boat Insurance Policy for each vehicle owned			
	Life Insurance Policy for each household member			
	Flood Insurance Policy			
	Earthquake Insurance Policy			
	Copy of all medical insurance policies and insurance cards for each household member health/dental/prescription			
	Pet Insurance Policy			
	Copy of birth records for each member of the household	Name: State of birth:	Name: State of birth:	Name: State of birth:
	Copy of identification pages on your passport	N/A	N/A	N/A
	Copy of Driver License for each member of the household	N/A	N/A	N/A
	Copy of Social Security Card for each member of the household	Replacement Social Security card: http://ssa-custhelp.ssa.gov/app/answers/detail/a_id/251/~/replace-a-social-security-card-for-an-adult		
	Photo of each household member	N/A	N/A	N/A
	Photo of you with your pet	N/A	N/A	N/A
	Copy of immunization records for each household member	N/A	N/A	N/A
	Copy of immunization records for each pet	Records for the following pets:		
	School records for each child			

✓	DOCUMENT *	AGENT NAME	CONTACT INFORMATION	ACCOUNT/POLICY NUMBER
	List of prescription medications and eye glasses	Person name: Prescription expires:	Person name: Prescription expires:	Person name: Prescription expires:
	Marriage Certificate	State filed in:		
	Divorce Settlement	Date finalized: State filed in:		
	Copy of documents for Child Custody Arrangement	State filed in:		
	Copy of Titles for vehicles	License Plate: State:	License Plate: State:	License Plate: State:
	Copy of Title and Deed for Home, Property, Land Lease Agreement			
	Copy of rental agreement			
	Copy of Will, Living Trust, Durable Power of Attorney, Personal Representative, Guardian and Conservator Appointments for each member of the household as applicable			
	Copy of all Insurance policies and insurance cards for each household member health/dental/prescription			
	Copy of all bank and brokerage accounts with account and phone numbers			
	Copy both sides of your credit cards to give you card numbers and phone numbers for each company			
	Copy of your State and Federal Tax Returns for the last three (3) years for each household member	Tax year 1:	Tax year 2:	Tax year 3:
	Picture inventory of the outside and inside of your home, valuables and vehicles			
	Make a disc of your personal photos			
	Your family's emergency plan			

NOTES:

Plan for your PETS in a disaster or emergency

This information is from the ASPCA, FEMA, The Humane Society & Guide Dogs of the Desert

We live in an area that is prone to certain natural catastrophes, such as fires, extreme heat, wind storms, power outages, earthquakes, and floods. We need to plan accordingly. Emergencies like these may require anything from a brief absence from your home to longer term evacuation. Below are recommendations designed to keep your pets safe during a disaster or other emergency. The best thing you can do for yourself and your pets is to be prepared. Start getting ready now.

ID your pet. Make sure that your pet is wearing a collar and identification that is up to date and visible at all times. The American Society for the Prevention of Cruelty to Animals (ASPCA) recommends microchipping your pet as a more permanent form of identification. A microchip is implanted in the animal's shoulder area, and can be read by scanner at most animal shelters. Also, consider a tag with your contact information on your pet's collar.

Get a Rescue Alert Sticker. Order an easy-to-use sticker from the ASPCA OR make one of your own! It will let people know that pets are inside your home. Make sure it is visible to rescue workers, and that it includes 1) the types and number of pets in your household; 2) the name of your veterinarian; and 3) your veterinarian's phone number. If you must evacuate with your pets, and if time allows, write "EVACUATED" across the stickers.

For a free emergency pet alert sticker go to, <https://www.aspca.org/form/free-pet-safety-pack>

Find/Arrange for a safe place to stay ahead of time. Find a safe place for your pets IN ADVANCE — a place your pets can go in case of an evacuation. Red Cross shelter facilities do not accept pets but ideally a pet shelter will be set-up nearby so you can care for your animals. It is extremely important that you have determined ahead of time where you will bring your pets. You will also want to consider the possibility of needing alternate evacuation routes when you arrange for pet shelter.

Suggestions:

- Contact your veterinarian for a list of preferred boarding kennels and facilities.
- Ask your local animal shelter if they provide emergency shelter or foster care for pets.
- Identify hotels or motels outside of your immediate area that accept pets.
- Ask friends and relatives outside your immediate area if they would shelter your pet.

Create an Emergency Supplies and Traveling Kit for your Pets. Assemble and keep a basic disaster and supplies kit handy for your pets. Make sure that everyone in the family knows where it is. This kit should be clearly labeled, easy to access and carry. Items to consider keeping in or near your kit include:

- 5-7 days' worth of food (be sure to rotate every two months). If you use canned food, be sure to include a manual can opener in your pet kit (Rotate food based on expiration dates).
- Bottled water, at least 5-7 days' worth for each person and pet (store in a cool, dry place and replace every two months)
- Pet food and water dishes
- Disposable litter trays (aluminum roasting pans are perfect), litter or paper toweling
- Liquid dish soap and disinfectant

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- Disposable garbage bags for clean-up
- Extra collar or harness as well as an extra leash
- Photocopies of medical records and a waterproof container with a two-week supply of any medicine your pet requires. (Rotate medications to keep fresh and usable)
- A traveling bag, crate or sturdy carrier, ideally one for each pet
- Flashlight
- Blanket (for scooping up a fearful pet)
- Recent photos of your pets (in case you are separated and need to make "Lost" posters)
- Consider a photo with you and your pets
- Especially for cats: Pillowcase or EvackSack, toys, scoopable litter
- Especially for dogs: Toys and chew toys, a week's worth of cage liners
- Pet first-aid kit and guide book. Purchase a kit online or assemble your own. A pet first aid kit is very similar to first aid kits for humans! Consider augmenting yours!

You should also have an emergency kit for the human members of the family. Refer to the modules in this program to prepare yourself and your household for an emergency and/or disaster.

If you evacuate, take your pet. If it isn't safe for you, it isn't safe for your pets. Even if you think you will only be gone for a few hours, take your pets. When you are told to evacuate from your home you need to plan for the worst-case scenario. If you think you may be gone for only a day, assume and prepare to be away for several days to several weeks. Consider your evacuation route and call ahead to your predetermined emergency pet evacuation location to let them know you are on your way with your pet.

Evacuate early. Don't wait for a mandatory evacuation order. Some people who have waited to be evacuated by emergency officials have been told to leave their pets behind.

If you stay home, do it safely. If your family and pets must wait out an emergency situation or disaster at home, identify a safe area of your home where you can all stay together. Make that safe area animal friendly.

Be ready for every day emergencies. We live in an area that is prone to certain natural catastrophes, such as fires, extreme heat, wind storms, power outages, earthquakes, and floods. There may be times when you are not able to get home to your pet. Plan accordingly for your pet.

Extreme Heat. High temperatures can be dangerous. Never leave your pets in a parked car: Not even for a minute. Not even with the car running and air conditioner on. According to FEMA, extreme heat causes more deaths than hurricanes, tornadoes, floods and earthquakes combined. Heat related illnesses occur when the body is not able to compensate and properly cool itself. The great news is extreme heat is preventable primarily by staying indoors, drinking plenty of water.

When the electricity goes out. If you're forced to leave your home because you have lost electricity, take your pets. If it's summer, even just an hour or two in the sweltering heat, whether outdoors or inside, can be dangerous. Identify pet friendly hotels close to your home in advance!

Disaster plans aren't only essential for the safety of pets. If you're responsible for other kinds of animals during natural disasters, disaster plans for feral or outdoor cats, horses, and animals on farms can be life-savers.

Emergency Preparedness Web Resources & Handy Mobile Apps for Emergency Situations

City of Palm Springs Fire Department	Links to Preparedness, CERT, CODE RED http://www.palmsprings-ca.gov/index.aspx?page=51
Palm Springs Office of Neighborhood Involvement (PSNIC)	Links to Step by Step Emergency Preparedness http://www.palmsprings-ca.gov/index.aspx?page=79
FEMA	http://www.ready.gov/be-informed http://www.ready.gov/make-a-plan http://www.ready.gov/build-a-kit The FEMA app features preparedness information for all different types of disasters, an interactive checklist for emergency kits, and information on how to stay safe and recover after a disaster. http://www.fema.gov/smartphone-app
American Red Cross	http://www.redcross.org/prepare/location/home-family http://www.redcross.org/prepare/location/home-family/get-kit http://www.redcrossstore.org/shopper/prodlist.aspx?LocationId=1&gclid=CPHn45KyqbMCFayDQgodXlwApQ The Red Cross offers a whole series of apps, including a Hurricane App, a Shelter Finder App, a First Aid App, an Earthquake App, a Wildfire App, and even a Volunteer App. http://www.redcross.org/prepare/mobile-apps
Prepare your business	http://www.ready.gov/business http://www.fema.gov/private-sector-preparedness-ps-prep
Prepare your pets	http://www.aspc.org/pet-care/disaster-preparedness http://www.humanesociety.org/issues/animal_rescue/tips/pets-disaster.html http://www.redcross.org/prepare/location/home-family/pets http://www.redrover.org/pet-disaster-preparedness
Local Emergency Alert Systems — Nixle and CODE RED	Local Law Enforcement and Fire Department — up to date emergency alerts/information sent via text message to your cell phone, email or telephone. http://local.nixle.com/city/ca/palm-springs http://www.palmspringsca.gov/index.aspx?page=1040
Disaster Alert	The Disaster Alert is a listing of Active Hazards occurring around the globe. http://www.pdc.org/solutions/tools/disaster-alert-app/
Flashlight App	Turn your phone into a flashlight. If the power goes out, a flashlight app can be invaluable. There are many to choose from — below are just 2 options. https://play.google.com/store/apps/details?id=com.rm.flashlight.revol&hl=en https://itunes.apple.com/us/app/id384021568
Pocket First Aid & CPR	Developed by the American Heart Association, Pocket First Aid & CPR includes hundreds of pages of instructions on what to do in emergency situations, including dealing with choking, burns, CPR, seizures, diabetic emergencies, and more. http://jive.me/apps/firstaid

Let's get ready, Palm Springs! Step by step, house by house, neighborhood by neighborhood!
Brought to you by the Los Compadres and Sonora Sunrise Neighborhood Orgs.
Emergency Preparedness Workshop, January 25, 2014

ICE Standard	Developed by About the Kids Foundation, ICE Standard is an emergency card app, which lists an individual's complete medical history, emergency contacts, insurance details, blood type, and more. http://aboutthekids.org/index.php/products#apps
Life360	Everyone can agree on the top priority in a disaster: finding your family. These days, most of your family members probably carry a personal tracking device in the form of their smartphone. Go to: https://www.life360.com
WISER	First responders and others exposed to emergency situations often have to deal with hazardous material. WISER helps those individuals by providing important information about hazardous substances and guidelines on what to do if you come into contact with such material. http://wiser.nlm.nih.gov/
Facebook for iPhone or Android Twitter for iPhone or Android	Whether your friends and family are safe or in danger, they could be posting about it on social media. Many public agencies post updates as well. Consider following FEMA and other agencies, plus your local transit companies, fire & police depts. https://itunes.apple.com/us/app/facebook/id284882215?mt=8 https://play.google.com/store/apps/details?id=com.facebook.katana&hl=en https://about.twitter.com/products
Dropbox	You may intend to grab your laptop when the earth shakes, but what if you can't? If you have copies of your important files stored in a cloud-based Dropbox account, you should be able to access them even if your computer doesn't make it out. https://www.dropbox.com
Red Panic Button	When you are in trouble press the red panic button! It's simple...just push the Red Panic Button and the app will send an SMS and E-MAIL with a link to Google Maps with your GPS coordinates. http://www.redpanicbutton.com
Emergency Aid — Medical Alert App	Emergency Aid is designed to help you help yourself or your family in the event of an emergency. And it also provides vital details about you to help First Responders administer the proper aid to you in the event that you are the victim. http://www.creativecoefficient.com/ea/
Edge Rift Emergency Radio	Emergency Radio is the original, award-winning police scanner app offering the most extensive database of live police, fire, EMS, railroad, air traffic, NOAA weather, coast guard, HAM radio, and other frequencies. http://www.edgerift.com/emergencyradio
Google Translate	https://translate.google.com/?hl=en&tab=wT
Maps: Google maps, Mapquest, Waze	https://maps.google.com/maps?hl=en&tab=TI http://www.mapquest.com/ https://www.waze.com/
USGS (Earthquake information, maps)	http://earthquake.usgs.gov/earthquakes/?source=sitenav
Youtube	Lots of video resources on Preparedness. FEMA has many PSA's for example: "The Day Before" FEMA PSA 30 sec http://youtu.be/4s7z05G5p4Y From Prepare MetroKC: "Meet Disaster and Preparedness" http://www.youtube.com/watch?v=IWVevsBhLBo